



Questions

fitswrestlingacademy@gmail.com

Info and Registration

<https://www.fitswrestlingacademy.com/camps>

DELONE CATHOLIC CAMP JULY 25-27

Where: Delone Catholic HS

140 S Oxford Ave, McSherrystown, PA 17344

When: July 25-27; 9am-4pm

Who: All Wrestlers Ages 7-18

**COST \$200
\$100 FOR DELONE &
MWC WRESTLERS**

CAMP SCHEDULE

8-9AM: DROP-OFF

9-11:30: TECHNIQUE

11:30-NOON: COACH'S TALK

12-12:30 TRACK WORKOUT

12:30-1:30 LUNCH

1:30-2PM GAMES

2-4PM: COMPETITION

4-5PM: PICK-UP

CAMP DIRECTOR

STEVE FITTERY

AMERICAN/SHIPPENSBURG

4X NCAA ALL-AMERICAN

4X ACADEMIC ALL-AMERICAN

MIDLANDS, EIWA & PSAC CHAMP

PA STATE FINALIST

DISTRICT 3 AND LL LEAGUE H.O.F.

CAMP CLINICIANS

JULY 25: GANBAYAR SANJAA

AMERICAN U ASST COACH

2X D1 NCAA ALL-AMERICAN

JUCO NATIONAL CHAMP

JULY 26: NINO BONACCORSI

PITT 197LBS

2023 D1 NATIONAL CHAMPION

2021 D1 NATIONAL FINALIST

JULY 27: LUKE KOWALSKI

GETTYSBURG COLLEGE 133LBS

2023 D2 NCAA ALL-AMERICAN