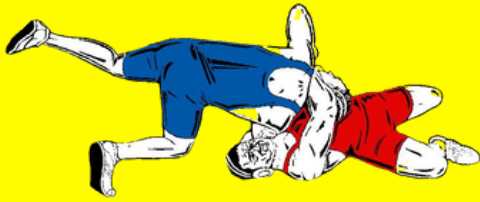


FITS Wrestling Academy



Questions

fitswrestlingacademy@gmail.com

Info and Registration

<https://www.fitswrestlingacademy.com/practices>

YORK TECH WRESTLING CAMP

York County School Of Technology

2179 South Queen St York, PA 17402

When: June 25th - June 27th

Ages: 7-18 years old

Cost: \$200

CAMP SCHEDULE

8-9AM: DROP-OFF

9-11:30: TECHNIQUE

11:30AM: COACH'S TALK

12-12:30 LUNCH

12:30-1 GAMES

1PM: LIVE WRESTLING

2:30: TRACK WORKOUT

3:30PM: STRETCH

4-5PM: PICK-UP

COACHING STAFF

STEVE FITTERY

AMERICAN/SHIPPENSBURG

4X NCAA ALL-AMERICAN

4X ACADEMIC ALL-AMERICAN

MIDLANDS, EIWA & PSAC

CHAMPION

PIAA STATE FINALIST

DISTRICT 3 & LANC/LEB

LEAGUE HALL OF FAME

AVERY CUMMINGS

KENNARD DALE HS

MCDANIEL COLLEGE