

SPRING CLASSES

**FEB 18 -
MAY 3**

Sundays @ Rose Farm

2815 Garrett Rd

White Hall, MD 21161

- Elementary 5pm-6:30
- JRH & HS 6:30-8pm

Mondays @ FITS

JrH & HS: 6-8pm

**This Class is Full!*

Email to get on waiting list

Tuesdays & Fridays @ FITS

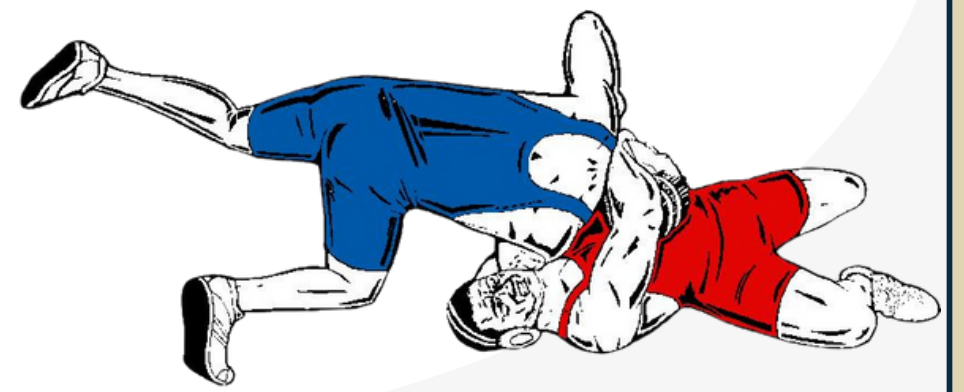
20062 Meadowsweet Ln

Glen Rock, PA 17327

Elementary: 6pm-7:30

**Tuesday Class is FULL*

● FITS WRESTLING ACADEMY ●



Tuition Costs:

1x Week: \$175

2x Week: \$250

- First practice is free to new students
- No Drop-Ins Allowed
- Week Day Classes will be limited to 9 students due to space!
- JrH/HS Classes will include freestyle instruction. Elementary Classes will also have an 'intro to freestyle' portion after post-season folkstyle tournaments are over
- Week Day Classes will include some sort of strength building

Register Now

Website: <https://www.fitswrestlingacademy.com>
Questions: fitswrestlingacademy@gmail.com

MARK YOUR CALENDARS: FITS DAYS OF GIVING; WEDNESDAY, MAY 1ST