



FITS FALL Classes

SEPT 5 - NOV 6 2023

Sunday

**6PM - 7:30PM
ROSE FARM**

Mon/Wed

**6PM - 7:45PM
HEREFORD HS**

***COACHED BY 2X DI
ALL-AMERICAN
JOSH ASPER**

Mon/Tues

**6-7:45PM
@ COACH FIT'S
HOUSE
45 MIN LIFTING;
1 HR WRESTLING**

Friday

**6PM - 7:30PM
DELONE
CATHOLIC HS**

More Info

**AGES: 7-18
-VISIT WEBSITE
FOR ADDRESSES
*FIRST PRACTICE
IS FREE!**

TUITION

**1X/WEEK \$150
2X/WEEK \$250
UNLIMITED \$300**

**VENMO/CASH APP
@FITSWRESTLING**

REGISTRATION: WWW.FITSWRESTLINGACADEMY.COM

QUESTIONS: FITSWRESTLINGACADEMY@GMAIL.COM