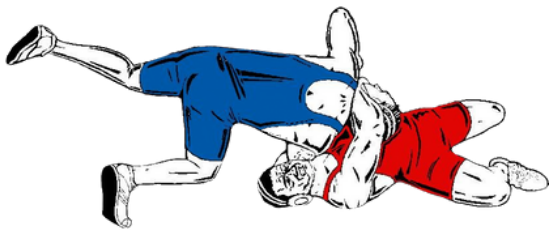


FITS Wrestling Academy



Questions

fitswrestlingacademy@gmail.com

Info and Registration

<https://www.fitswrestlingacademy.com/camps>

GERSTELL CAMPS
JULY 9-11 AND
AUG 6-8

GERSTELL ACADEMY

2500 OLD WESTMINSTER PIKE

FINKSBURG, MD 21048

When: July 9-11 & Aug 6-8; 9am-4pm

Who: All Wrestlers Ages 7-18

PRICE: \$200
\$100 FOR GERSTELL
WRESTLERS

CAMP SCHEDULE

8-9AM: DROP-OFF

9-11:30: TECHNIQUE

11:30-NOON: COACH'S TALK

12-12:30 LUNCH

12:30-1 GAMES

1-2:30PM: LIVE WRESTLING

2:30-4PM: WORKOUT/STRETCH

4-5PM: PICK-UP

COACHING STAFF

STEVE FITTERY

AMERICAN/SHIPPENSBURG

4X NCAA ALL-AMERICAN

4X ACADEMIC ALL-
AMERICAN

MIDLANDS, EIWA & PSAC
CHAMPION

PIAA STATE FINALIST
DISTRICT 3 & LANC/LEB
LEAGUE HALL OF FAME

AVERY CUMMINGS

KENNARD DALE HS
MCDANIEL COLLEGE