

# FRIDAY NIGHT WEIGHT CONTROL WORKOUTS

JANUARY 6TH - FEB17TH  
5:30-7PM

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@ DELONE CATHOLIC HS  
140 S OXFORD AVE,  
MCSHERRYSTOWN, PA 17344

ELEMENTARY WRESTLERS ONLY  
\$10 PER WORKOUT  
CASH, CHECK, OR VENMO

FITS WRESTLING  
ACADEMY

